

3) Daily Habits

Some everyday greetings and habits such as shaking hands, hugging and kissing can unknowingly spread the disease to those we greet.

Eating together in large groups can risk spreading the disease. Sharing meals on large plates, sharing drinks, and sharing chopsticks and cutlery greatly increase the chance of spreading the virus.

The COVID-19 pandemic is causing people around the world to rethink their daily habits. It is important for each and every individual in Japan to rethink their daily habits to reduce the risk of catching and spreading the virus.

4) Wear a Mask at All Times

Masks are very effective at limiting the amount of virus particles that you breathe in and also reducing the amount of virus particles breathed out and transmitted to other people.

Masks are now readily available at your nearest pharmacy or supermarket.

You must wear a mask when you go out or talk to people.



5) Events and Gatherings of Family and Friends

Throughout the year, many traditional and cultural events from different countries are held around Fukuoka City.

Opportunities for families and friends to have parties increase during these events.

It is therefore important to prevent the 3C's: Closed spaces with poor ventilation; Crowded places with many people; and Close-contact with people as much as possible during events, as there will be a greater risk of the virus spreading.

Take basic preventative measures and do not attend any events or parties if you feel unwell.

